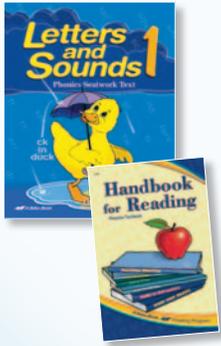


First Grade

Language Arts: Phonics



Letters and Sounds 1 is a complete phonics practice seatwork book. Each phonics element necessary for learning to read is systematically reviewed in an appealing way. The many puzzles, riddles, exercises, and illustrations are designed to teach word analysis skills, build vocabulary, and increase reading comprehension.

Handbook for Reading is an invaluable teaching tool for the application of phonics rules. The words for students to read are arranged to correlate with the sequence in which diphthongs, digraphs, consonant blends, etc., are taught. Ample practice and thorough review help students master phonics concepts. The early introduction of short vowels allows students to read whole words, sentences, and stories during the first few weeks of first grade.

Added Enrichment

- Review games (18)
- Additional games (11)

Evaluation

- Oral and written phonics tests (32)

➤ **RED** indicates **NEW MATERIAL**

Skills Development

- Review: long and short vowel sounds, consonant sounds
- Blend consonants with vowels
- Blend special sounds with vowels
- Review 47 special sounds and clue words learned in K5
- Learn and apply 85 additional special sounds and clue words: special sounds include consonant blends, diphthongs, digraphs, 11 suffixes, 5 prefixes
- Demonstrate ability to provide other example words that contain special sounds
- Understand that syllables are parts of words
- Be able to identify root words
- Demonstrate ability to add suffixes using the rules:
 - When a root word ends with a single consonant and the vowel is short, the consonant is usually doubled before adding a suffix beginning with a vowel.
 - When a root word ends with a silent *e*, the *e* is usually dropped before adding a suffix that begins with a vowel
- Demonstrate ability to add prefixes to root words correctly
- Correctly divide words into syllables between:
 - Double consonants; root words and suffixes
 - A vowel and a consonant
 - Two differing consonants
 - Prefixes and root words
- Master phonics rules including:
 - One- and two-vowel rules: When there is one vowel in a word, it usually says its short sound. When there are two vowels in a word, the first one says its long sound and the second one is silent.
 - When *ll*, *ff*, or *ss* come at end of word, say sound of the first one; second one is silent.
 - *c-k* follows a short vowel (ex.: back)
 - *k-e* follows a long vowel (ex.: bake)
 - *c/k* rhyme: *k* comes before *i* and *e*; *c* before the other three—*a*, *o*, *u* (ex.: key, cat)
 - Suffix *-s* says “*s*” or “*z*”
- Know and apply tips for learning special sounds:
 - “*ck* in duck” usually follows a short vowel; says the *k* sound one time only
 - “*e* in me” says long *e* sound when only vowel at end of short word
 - “*o* in go” says long *o* sound when only vowel at end of short word
 - “*y* in fly” says long *i* sound when at end of short word
 - “*ay* in pray” usually comes at end of word
 - “*oi* in coin” usually comes in middle of word or syllable
 - “*oy* in boy” usually comes at end of word or syllable
 - “*kn* in knot” comes at beginning of word or syllable; *k* is silent
 - “*gn* in gnat” comes at the beginning of a word; *g* is silent
 - “*a* in adopt” comes at the beginning of a word (“*a*” usually says short “*u*” at the beginning of any word)
 - Suffix *-ed* can say “*t*” or “*d*,” or it can say “*ed*” when it comes after *t* or *d*
 - “*wh* in whale” says “*h*” when followed by *o*
 - “*tch* in patch” usually follows a short vowel
 - “*ew*” can say “*oo*” or long “*u*”
 - When *c* comes before *e*, *i*, or *y*, it says “*s*”
 - When *g* comes before *e*, *i*, or *y*, it says “*j*”
 - “*dge* in fudge” usually follows a short vowel
 - “*wr* in wrinkle” has a silent *w*
 - “*are* in care” can be sounded using two-vowel rule
 - “*ure* in pure” can be sounded using two-vowel rule
 - “*sion* in television” is usually found in a word with one *s*
 - “*sion* in missionary” *s* says “*sh*”; usually followed with another *s*
 - “*or* in sailor” comes at end of word with two or more syllables
 - “*ar* in dollar” comes at end of word with two or more syllables
 - Apply phonics concepts to reading

First Grade

Language Arts: Reading



First graders learn that there is a whole new world just waiting for them as they advance their reading skills. The early readers coordinate the reading material with the phonics concepts students are learning. Students move from stories with simple one- and two-vowel words to stories based on children's classics, giving them valuable practice in applying phonics skills. Each reader features delightful, character-building selections that appeal strongly to the interests of first graders.

Literary Value

- 31 authors, including well-known writers such as Aesop, Christina Rossetti, Robert Louis Stevenson, and Lewis Carroll
- Character-building and patriotic story themes such as honesty, integrity, courage, kindness, industry, forgiveness, and unselfishness

Materials

- Readers (10) containing:
 - Short stories and plays (204)
 - Poems (140)
- *Primary Bible Reader* containing selected Scripture reading (24 lessons)

Evaluation

- Weekly oral reading grade

➤ **RED** indicates **NEW MATERIAL**

Reading Skills Development

- Read and decode (sound out) words by applying phonics sounds and rules
- Strive for increasing:
 - Accuracy, correct enunciation, fluency
 - **Phrasing**
 - Alertness to punctuation; good expression; comprehension
 - Appropriate pace for grade level
 - Volume; poise
- Follow along as others read orally
- Receive differentiated instruction with ability grouping

Readers

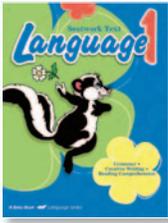
- *Fun with Pets*—Begins with simple one-vowel words and progresses to stories with two-vowel words
- *Tiptoes*—39 stories and 15 poems; uses words with special sounds from Basic Phonics Charts 6 & 7
- *Stepping Stones*—19 stories and 13 poems; reinforces special sounds from Basic Phonics Charts 8 & 9
- *Secrets & Surprises*—14 stories and 30 poems; covers Charts 8–11
- *The Bridge Book*—9 stories and 74 poems; covers Charts 6–13
- *Animals in the Great Outdoors*—25 stories and 6 poems; covers Charts 8–13 (Group 1, Advanced Group 1 reader)
- *Kind & Brave*—19 stories; covers Charts 10–11
- *Aesop's Fables*—28 stories; covers Charts 8–11
- *Strong & True*—22 stories and 7 poems; covers Charts 12–13
- *Down by the Sea*—16 stories and 4 poems; covers all charts; for Gr. 1 at end of the year
- *Primary Bible Reader*—24 Class Reading lessons including selected stories and passages from Genesis, Luke, and John

Comprehension, Discussion, & Analysis Skills Development

- Answer factual and interpretive questions for most stories and poems
- Answer inferential comprehension and discussion questions
- Read sight words; challenging words
- Complete integrated phonics, language, and reading skills activities such as:
 - marking short and long vowel sounds
 - circling special sounds
 - adding correct special sounds to complete words
 - reading clues to solve puzzles
 - filling in the blank with correct word/phrase to complete a sentence
 - matching pictures with descriptive words, **phrases, or sentences**
 - **choosing correct sentences for telling events in story**
 - choosing correct picture to answer comprehension questions about the story
 - **numbering pictures in correct story sequence**
 - **marking root words and suffixes**
 - **identifying parts of compound words**
 - **forming contractions**
 - **matching rhyming words; writing rhyming words**
 - **matching picture with correct homonym**
 - **reading comprehension question and circling correct answer**

First Grade

Language Arts: Language



Designed for use during independent work times, the work-text *Language 1* provides daily exercises to help students increase thinking skills, improve reading comprehension, and develop creative writing ability. By the end of the year, students will be able to write in complete sentences, capitalize the first word of a sentence, capitalize the days and months, place a period at the end of a sentence, know and use suffixes and prefixes, and alphabetize words.

➤ RED indicates NEW MATERIAL

Grammar

- Capitalization:
 - First word in the sentence
 - Days of week and months of year
- The word *I*
- Punctuation: correctly use period at end of a telling sentence
- The sentence: always begin with capital letter
- Word study and diction:
 - Find root words
 - Add suffixes and prefixes to root words
 - Determine number of syllables
 - Recognize and use:
 - Compound words; rhyming words
 - Opposite words (antonyms)
 - Same-meaning words (synonyms); same-sounding words (homonyms)
 - Contractions
- Divide a word into syllables between:
 - Double consonants
 - Root words and suffixes
 - A vowel and a consonant

- Two consonants that are not alike
- Prefixes and root words
- Alphabetize words
- Comprehend reading material and answer questions

Composition

- Write:
 - Interesting sentences, paragraphs
 - Short narratives
 - Compositions about designated topics (9)
 - Copying/completing sentences (49)
 - Writing original sentences (39)

Added Enrichment

- During Seatwork:
 - Copy sentences (54)
 - Finish sentences (9)
 - Write original sentences (19)
 - Write compositions about designated topics (12)
- During Science, History, and Health:
 - Creative writing exercises (14)

Language Arts: Cursive Writing



Writing with Phonics 1 is designed for use as a first-grade cursive writing work-text. Students learn the proper formation and slant of letters and the correct spacing between letters, words, and sentences. Through daily writing exercises, students will practice and review what they are learning in phonics, beginning with single letters and progressing to special sounds, words, and sentences.

➤ RED indicates NEW MATERIAL

Skills Development

- Achieve good writing position:
 - Sitting properly in desk
 - Holding pencil correctly
 - Slanting paper correctly
- Review correct formation for all small letters, numbers 0–9, and the 12 capital letters learned in K5
- Learn formation for remaining 14 capital letters

Added Enrichment

- Animal booklet compilation

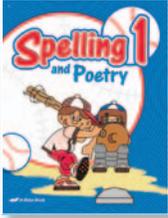
Evaluation

- Tests (31)

- Perfect writing skills for a good, overall appearance:
 - Forming troublesome letters correctly
 - Placing letters correctly on the lines
 - Using proper spacing between letters and words
 - Slanting letters properly
 - Writing slowly and carefully
 - Making smooth connections between letters, troublesome letters, blends
 - Using key strokes: slant, loops, tails, humps
- Evaluate writing for personal improvement

First Grade

Language Arts: Spelling & Poetry



In *Spelling and Poetry 1*, first graders apply the phonics concepts they are currently learning as they master the spelling of approximately 420 words. Most of the words in *Spelling and Poetry 1* are arranged phonetically, which teaches students to recognize basic spelling patterns. They will learn sight words, contractions, and abbreviations that they will encounter frequently in their reading and writing. First graders will also learn eight poems that will help them develop their oral speaking skills while deepening their appreciation for poetry.

➤ **RED** indicates **NEW MATERIAL**

Spelling Skills Development

- Master spelling lists including sight words, abbreviations, and contractions
- Apply spelling and phonics concepts through daily:
 - Teacher-directed oral practice
 - Independent written practice
- Hear spelling words used in sentences and clearly picture each word's meaning
- Learn to differentiate between words that sound alike
- Use spelling words in creative writing exercises
- Learn spelling rules:
 - Know: one- and two-vowel rules; *k* comes before *i* and *e*; *c* comes before *a*, *o*, *u*
 - Correctly use at end of word:
 - Double consonants *ll*, *ff*, or *ss*
 - Vowels *e*, *o*, or *y*
 - *ck* after a short vowel; *ke* after a long vowel
 - Double a consonant before adding a suffix that begins with a vowel
 - Drop the silent *e*

Worksheet Activities:

- Marking special phonics sounds
- Marking roots and suffixes
- Completing words and sentences
- Arranging words alphabetically
- Identifying misspelled words, opposites, rhyming words
- Categorizing words by special phonics sounds
- Solving word puzzles and riddles
- Associating words with pictures
- Matching words with their meaning
- Combining root words and suffixes *-ing*, *-ed*

Poetry Skills Development

- Memorize 8 lyrical poems
- Develop appreciation of poetry
- Perform in front of an audience
- Recite in unison
- Develop appropriate expression and volume
- Improve comprehension through thinking questions
- Learn terms such as *title* and *author*
- Maintain interest and increase comprehension through added learning features such as actions and hand motions

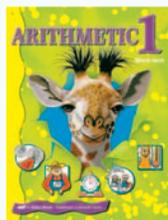
Added Enrichment

- Spelling lists (30):
 - Total words (420)
 - Organized by special sounds
- Worksheet activities reinforce new concepts (112)
- Homework sheets include spelling list and helpful hints or special sounds featured in the list (30)
- Spelling games (16)

Evaluation

- Spelling words tested in 30 of the 32 phonics tests

Arithmetic



Using delightful themes and full-color illustrations, *Arithmetic 1* presents concepts in an orderly manner, building on prior learning and including consistent year-long review. Concepts include counting, writing and reading numbers, place value, addition and subtraction, money, graphs, measurements, time, temperature, and fractions. Applications to real-life situations and daily thinking questions stretch the students' reasoning ability.

➤ **RED** indicates **NEW MATERIAL**

Numbers

- Recognizing numbers:
 - 1–100
 - 101–1,000

- Understanding concepts:
 - 1–100
 - 101–1,000
- Counting:
 - Money
 - Ordinal numbers: 1–10

Added Enrichment

- Thematic units: zoo, farm, ocean, spring
- Introductory song and/or poem for each unit

Evaluation

- Written tests (31)
- Daily timed skills-development exercises (136)
- Oral tests (31): combinations, answers, and complete instructions for oral tests in daily lesson plans

Numbers cont.

- Forward and backward by ones, twos, fives, and tens
- Forward by twenty-fives
- By threes from 3 to 36
- Tally marks
- Roman numerals 1–10
- By even and odd numbers
- Ordinal numbers: 11–20
- Writing numbers:
 - By ones, twos, fives, and tens to 100
 - Words one–twelve
 - To 1,000
 - By threes to 36
 - Using tally marks
- Comparing:
 - Greater/less, greatest/least
 - Before/after
 - By ones, twos, fives, tens
 - Using symbols $>$ and $<$ to show greater than and less than
 - Before and after: by twos, fives, tens
 - Place value:
 - Illustrating numbers and place value with objects
 - Understanding hundreds, tens, ones
 - Ordering four numbers
 - Addition with carrying

Addition

- Review of addition families 1–10
 - Learn addition families 11–18
 - Horizontal and vertical form
 - Oral or written
- Addition “twins” (concept of commutative principle)
- Timed mastery
- Missing terms
- Word problems:
 - Oral
 - Written
- Doubles +1
- Writing addition number sentences
- Addends:
 - Column addition with up to five single-digit addends
 - Two- and three-digit problems without carrying
- Carrying two- and three-digit numbers with carrying to the tens’ and hundreds’ places
- Mental arithmetic:
 - Problems with up to 5 single-digit numbers
 - Problems combining single-digit addition and subtraction up to 3 numbers
- Adding coins

Subtraction

- Recognizing symbol: $-$ (minus)
- Subtraction families 1–18:
 - Vertical and horizontal form
 - Written, oral

- Subtracting coins
- Timed mastery
- Missing terms
- Mental arithmetic: problems combining single-digit addition and subtraction up to 3 numbers
- Writing subtraction number sentences
- Subtracting:
 - One-digit problems
 - Two- and three-digit problems without borrowing
- Word problems: oral, written

Multiplication

- Building blocks:
 - Repeated addition
 - Objects to multiply
 - Counting by twos, fives, tens
 - Counting by threes
- Concept of multiplication
- Writing a multiplication fact

Fractions

- Concept of fractions
- Building blocks: equal parts
- Parts of a whole:
 - One half
 - One fourth, one third
- Parts of a group: one half, one fourth, one third
- Comparing one half, one fourth, one third
- Least to greatest

Problem Solving & Applications

- Building blocks: oral word problems
- Written word problems
- Solving word problems:
 - Addition, subtraction, money
 - Illustrating story problems
 - Creating story problems
 - Extra facts; missing facts
 - Choosing the operation
- Applications:
 - Temperature; time
 - Weight; length; money
 - Number puzzles; graphs
 - Calendars; maps
- Thinking logically: patterns; thinking caps; sequencing; clue words

Time

- Clock: face, hour and minute hands
- Reading and writing time:
 - O’clock (:00), half past (:30), quarter past (:15)
 - Quarter till (:45)
 - Five-minute intervals
 - A.M. and P.M.
- Calendar: months, days, date, rhyme
- Measures of time

Money

- Recognize coin and value: penny, nickel, dime, quarter, half dollar, dollar
- Count:
 - Pennies, dimes, nickels
 - Quarters, half dollars
- Add:
 - Pennies, dimes and pennies, nickels and pennies
 - Quarters and pennies, dimes and nickels
- Count: combinations of coins, coins in mixed order
- Adding and subtracting money
 - Recognize symbol: ¢ (cent)
 - Word problems: oral and written

Measures

- Word problems: oral and written
- Temperature: reading and writing degrees
- Length:
 - Inch, foot, yard, centimeter

- Weight:
 - Ounce, pound
 - Comparing weights
- Dozen, half dozen
- Capacity: cup, pint, quart, gallon
- Perimeter of a rectangular object

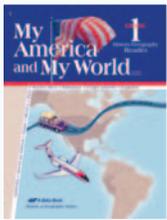
Graphing, Statistics, Probability

- Graphs:
 - Horizontal bar graphs: scales by 2s, 10s, 5s, and 3s
 - Pictograph
 - Graphing tally marks

Geometry

- Recognize shapes: circle, square, rectangle, triangle
- Symmetry
- Shapes in a grid
- Perimeter of a rectangle

History & Geography



In *My America and My World*, students will learn how our country was founded and what our basic freedoms are. They meet several famous American patriots and take a trip across America. Good citizenship is emphasized and reading skills are developed. In addition, students will learn new patriotic songs and be introduced to major countries and U.S. Territories. *America: Our Great Country*, *Children of the World*, and *Community Helpers* are used in correlation with *My America and My World*.

Added Enrichment

- Vocabulary boxes to point out difficult words
- Activities such as:
 - Artistic projects
 - Learning foreign words and phrases
 - Listening to classical music
 - Reading stories by writers of given country
- Suggested creative writing topics

► RED indicates NEW MATERIAL

America

- U.S. flag:
 - History
 - Meaning of colors
- Meaning of Pledge of Allegiance
- America's freedoms
- Symbols such as:
 - Great Seal of the U.S., American eagle, Liberty Bell, Uncle Sam
 - Statue of Liberty, U.S. coins
- Great U.S. documents: Declaration of Independence, Constitution, Bill of Rights
- Great people of America:
 - Pilgrims (First Thanksgiving)
 - George Washington, Abraham Lincoln
 - Paul Revere, Benjamin Franklin
- America grows by communication and travel: telephone, mail, television, radio; changes in transportation

- American places such as:
 - Washington, D.C.
 - Plymouth Rock, Fort McHenry
 - Williamsburg, Virginia; Mississippi River
 - Mount Rushmore, Yellowstone National Park, Grand Teton National Park, Rocky Mountains, Grand Canyon, Yosemite National Park
- Patriotic songs:
 - "My Country, 'Tis of Thee"
 - "The Star-Spangled Banner"
 - "America the Beautiful"

The World

- Countries and territories:
 - Mexico, Peru, England, The Netherlands, Israel, Italy, Kenya, China, Australia
 - Virgin Islands, Puerto Rico, Bahamas, Norway, France, Germany, Switzerland, Egypt, India, Guam, American Samoa

First Grade

History & Geography cont.

➤ RED indicates NEW MATERIAL

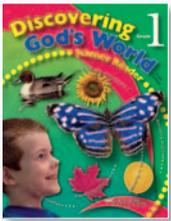
Geography Study

- Continents: North America, South America, Africa, Europe, Australia, Asia
- Globe
- Oceans: Atlantic and Pacific
- Cardinal directions and compass rose
- What is an island?
- Location of 19 specific states in America
- North and South Poles
- Home state, neighboring states
- Thirteen original colonies
- Equator
- Gulf of Mexico, Mississippi River, Rocky Mountains, Grand Canyon, Death Valley, Great Plains, Yosemite National Park

Community Helpers

- Pastor
- Firefighter
- Doctor
- Dentist
- Waiter/Waitress
- Postal Employee
- Teacher
- Police Officer
- Nurse
- Farmer
- Baker
- Mayor

Science



The colorfully illustrated science text *Discovering God's World* presents God as the Master Designer of the world around us. The studies of plants, animals, insects, energy, health, the seasons, and the five senses provide an excellent introduction to science, with the emphasis on building student interest and augmenting students' reading skills. Hands-on activities and demonstrations also increase students' comprehension of basic science concepts.

Added Enrichment

- Additional hands-on learning activities
- Lesson activities (24)
- Additional activities (47)

➤ RED indicates NEW MATERIAL

Health & Human Biology

- Special to God: five senses and sense organs
- Hands: fingerprints
- Hair:
 - Hair types, skin, oil gland, follicle
 - Root, pigment
- Eyes: placement in skull; eyelids, eyelashes, tears
- Ears: outer ear, eardrum; vibrate
- Nose: nostrils; sneezing
- Tongue:
 - Taste buds: sour, salty, bitter, sweet
 - Speaking
- Skin:
 - Experiencing cold, warmth
 - Experiencing tickles, pain
 - Pores, "goose-bumps," proper care of skin

Activities & Demonstrations:

- Comparing thumb prints
- Discovering how sound travels
- Seeing how senses work together

Energy

- Water: force, push, pull
- Air: wind, provides push
- Wind: moving air, force
- Simple machines: wheels, ramps, levers
- Magnets: attract (pull), repel (push)

Activities & Demonstrations:

- Making a balloon jet
- Seeing how wheels help
- Having a ramp race
- Using a lever lifter
- Discovering what magnets pick up

Animals

- Instinct
- Reproduce after their kind
- Babies that are born drink mother's milk: kangaroo, opossum
- Babies that hatch do not drink mother's milk: frogs, tadpoles, chicks, alligators, snakes
- God's wonderful plan:
 - Elephants: ears, trunk, tusk
 - Ducks: sac of oil, webbed feet, bill
 - Turtles:
 - Shell
 - Jaws; land turtles, water turtles
 - Owls: herbivores, carnivores, omnivores; eyes, head rotation; feathers, talons

Activities & Demonstrations:

- Raising tadpoles
- Conducting the elephant ear experiment
- Observing oil on a duck

Insects

- Importance of insects
- Insect identification: head, thorax, abdomen, six legs
- Ants: workers, queen

Activities & Demonstrations:

- Observing a caterpillar change into a butterfly
- Making an insect zoo; ant farm

Plants

- Uses for plants: oxygen, food, medicine, building
- Parts of the plant: roots, stem, flowers, cones, seeds
- Reproduce after their kind

Activities & Demonstrations:

- Opening a seed
- Germinating seeds
- Growing a plant from root
- Watering up a stem

Seasons

- God made seasons
- Winter: rest, hibernate
- Spring: new life
- Summer: grow
- Fall: get ready
- A sunflower's year
- A squirrel's year

Activities & Demonstrations:

- Bringing some twigs to life
- Finding air in water and soil
- Making a bird feeder
- Planting a bean garden

Health



Health, Safety, & Manners 1 is an interesting and attractive health reader that introduces first graders to the importance of good health habits and gives God the glory for the way He has designed us. Students will learn about nutrition, exercise, proper sleep habits, good posture, safety habits, and manners. Activities and checklists help students apply good principles of health, safety, and manners.

► RED indicates NEW MATERIAL

Added Enrichment

- Hands-on learning activities in student book, Teacher Edition, and daily lesson plans (16)
- Growing Tall growth chart
- Checksheets: My Health, My Safety, My Manners

Health

- Growing tall
- Forming good habits
- Eating good foods:
 - Kinds of foods
 - A good breakfast, a good snack
- Good eating habits:
 - Eating meals same time every day
 - Washing hands before eating
 - Drinking milk every day
 - Eating different kinds of food
 - Washing fresh fruits and vegetables before eating
 - Limiting sugar and candy
 - Taking small bites and chewing food well
- Exercising each day:
 - Fun exercises for children (8)
 - Benefits of fresh air and sunshine
 - Good exercise habits:
 - Getting exercise every day and playing outside in fresh air
 - Helping with work at home
 - Not playing hard right after a meal
 - Resting from play

- Getting right amount of rest:
 - Good sleeping habits:
 - Pre-bedtime activities
 - Wearing clean pajamas
 - Going to bed early and at same time each night; sleeping until rested; good sleeping conditions; going right to sleep
 - Building good posture:
 - Benefits of good posture
 - Good posture habits:
 - How to stand straight and tall; proper way to sit in a chair
 - Well-fitting shoes; proper walking habits
- Taking care of the body:
 - Good skin and hair habits:
 - Bathing often with warm water and soap
 - Proper care for cuts
 - Washing hands: before eating; after using bathroom; after playing outside; after handling animals
 - How to dry off effectively
 - Shampooing dirty hair
 - Proper use and maintenance of your comb and brush
 - Keeping pets away from your face
 - Keeping fingernails and toenails clean and trimmed
 - Not biting fingernails
 - Keeping fingers out of mouth

Health cont.

- Eyes:
 - Purpose; protection
 - Good eye-care habits:
 - Reading in a well-lighted place
 - Not rubbing your eyes
 - Not running while holding sharp things
 - Protecting eyes from sun or other bright lights
 - Getting proper rest
 - Getting eye check-ups by a doctor
 - Keeping eye glasses clean
- Ears:
 - Protection: wax, hairs
 - Good ear-care habits:
 - Proper washing of ears
 - Not putting objects in ears
 - Protecting ears from getting hit; from cold and wind
 - Going to a doctor for chronic earaches
- Nose:
 - Purpose; protection from germs
 - Good health habits:
 - Protecting others from your coughing or sneezing; proper use of tissues
- Teeth:
 - Instructions for proper brushing
 - Good tooth-care habits:
 - Drinking plenty of milk every day
 - Limiting sugar
 - Not cracking nuts with teeth
 - Brushing correctly
 - Getting regular dental checkups
 - Keeping hands away from face
 - Keeping pencils out of mouth
 - Not eating from someone else's food
- Taking care of clothing:
 - Good clothing-care habits:
 - Changing from school clothes to play clothes
 - Learning what to do with clothes after taking them off; clothes that need to be mended; dirty clothes
 - Putting on clean underclothes daily
 - Taking coat or raincoat off when inside
- Taking care of the home

Safety

- At home:
 - Ways to prevent falls
 - Good safety habits:
 - Sharp and pointed objects:
 - Walking while carrying
 - Carrying with the point down
 - Getting parents to take medicine from medicine cabinet
 - Handling electrical cords with dry hands
 - Safety with matches and fire

- Not playing with your parent's guns
- Putting toys away to avoid an accident
- Away from home:
 - Policemen
 - Good safety habits:
 - Consulting with an adult before leaving
 - Avoid:
 - Talking to strangers when you are alone; getting in a car with a stranger
 - Playing in old, empty buildings
 - Petting stray animals
 - Eating berries found outside
 - Putting flowers, leaves, or twigs in mouth
 - Playing in old refrigerators
 - Walking across empty lots that might have rusty nails or broken glass
- On the street:
 - Good walking habits:
 - Where to walk when there is no sidewalk
 - Where to cross a street; how to cross a railroad track
 - Safety around trains that are stopped on the track
 - Bicycle safety habits:
 - Riding in the correct direction
 - Using a safety helmet, handlebars, and hand signals
 - Passengers
 - Keeping your bike in good working order
 - Riding to school:
 - Bus, car
 - Good riding habits:
 - Using car seat belts
 - Staying seated on the bus
 - Keeping hands inside bus and car windows
 - How to cross the street after getting off a bus
 - How to get out of a car that is parked on a street
- On the playground:
 - Good safety habits:
 - Staying far from swings that are being used; not standing up while swinging or jumping off while swing is in motion
 - Slide safety: at the bottom of the slide; at the top of the slide
 - Standing back from merry-go-round in motion
 - Not standing on top of monkey bars
 - Taking turns with other boys and girls
- In the water:
 - Pool safety habits:
 - Importance of taking swimming lessons
 - Avoid going swimming or wading alone
 - Not pushing others into the pool or running beside the pool
 - Boat safety habits: wearing a life jacket; not standing up
- In a storm:
 - Good safety habits:
 - Stay inside
 - Safety with telephone or electrical cords
 - Where to take refuge: if you are outside; if you are in a car

First Grade

Health cont.

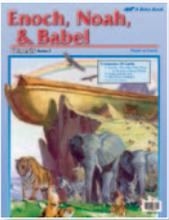
➤ RED indicates NEW MATERIAL

Manners

- At home:
 - Important words: *please, thank you, I'm sorry, you're welcome*
 - Having company
 - Good habits at home:
 - Coming quickly when called
 - Thanking God for your food
 - Not talking with food in your mouth; chewing with mouth closed
 - Saying "please" when you want something; remembering to say "thank you"
 - Not spilling food on the table
 - Not putting elbows on the table
 - Saying "I'm sorry" for hurting someone
- At school:
 - Say "good morning" to your teacher
 - Raise your hand
 - Good habits at school:
 - Not interrupting when someone is speaking
 - Proper response when someone makes a mistake

- Paying attention to your teacher; how to get your teacher's attention
- Answering when spoken to
- Standing in line quietly
- Posture and conduct while saying Pledge of Allegiance
- At church:
 - Purpose of church
 - Good habits at church:
 - Arriving on time
 - Singing praises to God; listening to His Word
 - Not chewing gum
 - Handling your money for the offering plate
 - When to leave the service
- In public:
 - Grocery store, doctor's office
 - Good habits in public:
 - Saying "ma'am" or "sir" when talking to an adult
 - Being quiet in a waiting room
 - Answering when someone speaks to you
 - Not running in a store

Bible



The Bible stories that have been taught from Preschool to K5 have laid the foundation for stories that will be taught in first grade. Students learn more about the character, strengths, and weaknesses of men and women from the Bible. By studying the lives of Bible characters, students will learn practical truths to apply to their own lives, such as our actions will bring about either rewards or consequences.

Evaluation

- Graded memory verse passages (9)

➤ RED indicates NEW MATERIAL

Lessons 405 A Beka Flash-a-Cards

- Salvation Series (5 lessons)
- Genesis Series (21): Creation, Adam, Cain; Enoch, Noah, Babel; Abraham and Isaac; Jacob; Joseph
- Life of Christ Series (36): First Christmas; Boyhood and Early Ministry of Jesus; Jesus Heals and Helps; Later Ministry of Jesus; Crucifixion and Resurrection
- Life of Paul Series 1 and 2 (14)
- The First Thanksgiving

Music 25 songs

- Choruses, hymns of the faith, holiday songs, patriotic songs including:
 - 11 new hymns and songs; 16 new choruses

Memory Work

- New passages (9) containing 56 verses
- Review verses (6)

Doctrinal Drill 38 questions/answers

- Increase Bible knowledge of basic doctrines: the Bible, God, sin, salvation, heaven, assurance of salvation

Prayer Time

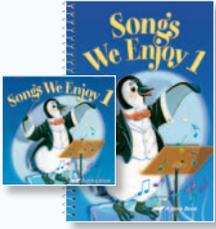
- Learn to pray with thanksgiving for each other, our nation, those in authority over us

Added Enrichment

- The *Bible Friends Activity Book* includes 112 worksheets to be completed during seatwork.

First Grade

Music



Songs We Enjoy 1 includes traditional, patriotic, holiday, and fun selections that have been a part of our American heritage for generations. The sing-along CD makes song time easy for the teacher and enjoyable for the children.

➤ **RED** indicates **NEW MATERIAL**

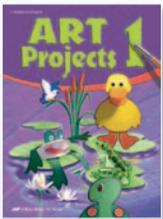
Skills Development 75 songs

- Define 9 unfamiliar words in the lyrics
- Learn to follow a song leader
- Develop ability to understand a song's message
- Exercise creativity by acting out songs with props
- Improve coordination through motions that keep time with words
- Learn about: dynamic contrasts, tempo changes, solfège pitch
- Benefit from fun activities that spark and keep interest:
 - Whistling
 - Making appropriate animal sounds
 - Singing familiar poems
 - Reviewing numbers
 - Placing their name in a song

Variety of Songs to Memorize

- Fun songs about animals, Mother Goose rhymes
- Songs about our founding fathers; songs to help build character
- Songs to act out with suggested props
- Motion songs, patriotic songs, folk songs, gospel songs

Arts & Crafts



Art Projects 1 has been designed to give month-by-month variety in enjoyable art activities, to teach children elementary art techniques in many types of media, and to provide interesting seasonal projects.

➤ **RED** indicates **NEW MATERIAL**

Skills & Concept Development 50 projects

- Cutting, gluing, coloring
- Directed drawing
- Tracing, folding paper, using glitter

Technique Development

- Developing basic concepts of color, line, shape, and texture through:
 - 3-D forms; drawing
 - Paper folding and sculptures
 - Mixed media; directional coloring; creative design
 - Introduction to painting
 - Mobiles